



Leadership Trainings & Executive Coaching
www.LancasterLeadership.com

RETREATS

Retreat fees:

For teams of up to 25 people:

½-day \$1000

Full-day \$1600

Results include:

- Team and relationship building
- Inspiration for the upcoming quarter
- Reflection, clarity, and action steps forward
- Participative learning about selected leadership topics
- Focus on strengths and weaknesses
- Creative, collaborative thinking
- Facilitated discussion
- Fun!
- Strategic planning

Lancaster Consulting also facilitates a few retreats each year for *individuals* seeking professional development and skill development in a community of passionate life-long learners.



"...great energy, kept everyone engaged...tangible strategies to maximize the effectiveness of our team."

– V. Hipolito, Dean of Student Services

"... dynamic, energetic, humorous...open communication amongst our team."

– M. Rodriguez, Administrative Senior Manager

"...helped our teams be successful and stay focused on our mission."

– T. Hansen, Director

"Spending a day with Julie Lancaster brought a light back into our team! I thoroughly enjoyed Julie's presentations, insight, and fun demeanor during our staff retreat. Our team has continued to build on what we learned."

– M. Cunningham, Manager